

# Lancashire and South Cumbria NHS Staff Ambassadors Programme

## Can you be an Ambassador for your Profession?

## What is the Programme

The Programme aims to support staff across different professions who would like to volunteer to undertake some outreach into schools, colleges and community activities to raise the profile of their profession and work in the NHS Health and Care as a whole.

#### Who should become an Ambassador and what does it entail?

We are looking for keen staff and pre-reg students at every level of their career. Being an Ambassador can be as much or as little as you want. It might be that your strengths are in tweeting, TikTok videos, or you would like to participate in a recorded chat about your work and your profession as a whole. These can all be done at any time of day and may take as little time as a few minutes! Or, you might really love to go out and meet people in schools and colleges, chatting to students and maybe presenting or under-taking workshops. This might take anything form an hour to a couple of minutes!

#### What are the benefits of becoming an Ambassador?

Being an Ambassador for your profession will allow you to showcase what makes your profession great. You will be able to inspire others to follow in your footsteps at the same time as developing yourself personally and professionally.

## Is there any training involved?

Yes, we will make sure that you feel fully equipped to go out to schools and colleges with some training and a short workshop, to answer any questions you may have and to ensure we understand how you would like to participate.

## I don't have much time, can I still become an Ambassador?

Yes, indeed. Being an Ambassador can take all different shapes and sizes in terms of the time required. Get in touch and chat to the team about your strengths and how you would like to be involved.

## Do I need resources and where do I get those?

We will help you with any resources needed and ensure that you feel fully prepared before you begin your Ambassador journey!

For more Information on how to become an Ambassador, please contact: Ruth.Keeler@mbht.nhs.uk

