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Ella Holman

Level 2 Adult Care Worker Apprenticeship Standard

Clifton Homecare



Ella tell us a little about yourself

I love to bake in my spare time and enjoy walking the dog. I joined Clifton Homecare after leaving school at 16 and I'm the youngest member of the team. I enjoy feeling like I make a difference to the clients that I support.

Why did you choose an apprenticeship?

So that I could learn and get a qualification whilst working.

What are your main responsibilities as an apprentice?

I look after clients in their own homes so they can live independently.

Would you recommend an apprenticeship to those looking to start a career in the care sector?

Yes – I feel like I have grown in confidence since starting my career in Care. If you want to feel as though you are progressing in your role and have something to work towards then an apprenticeship is ideal for this.

What is next for you? Is there another milestone you want to achieve?

I just want to keep on enjoying working as a Carer but also learning and strengthening my knowledge is important.

What do you feel are the advantages of doing an apprenticeship over other training or education?

Other people tell me they have noticed a change in my since I started. I used to be quite shy and reserved but this role has helped me grow in confidence. Sometimes I don't even realise it, it's only when others tell me about something that has happened that I know how far I have come. There are times when I am the lead carer on a call, even though I am the youngest which is testament to the positive relationships I have built with clients and the skills and experience I have gained in the job. I think also the Apprenticeship qualification I am studying towards has made me appreciate more about the background of the role and why we do things a certain way.

What are your future plans?

To carry on feeling like I am achieving something. The feedback I get from my Managers and training assessor is really positive and they constantly encourage me to believe in my own abilities.

As the theme for National Apprenticeship Week 2023 is #SkillsForLife, what skills for life would you say you have gained whilst undertaking your apprenticeship?

I recently passed my driving test on my first attempt. This has given me much more independence both inside and outside of work and has made it much easier to get to my client calls. Other life skills would be increased confidence, being able to work with people build a rapport with them as I see them on a regular basis and being more thorough, paying attention to smaller details.