



# Programmes commissioned by HEE - FREE to book

Health Education England has commissioned Maudsley Learning to deliver a series of programmes nationally. The courses cover eating disorders, managing challenging situations, skills for health change conversations, and many more. Courses are open to all healthcare professionals working in the NHS in England. Candidates are encouraged to book courses most relevant to their practice. They will run from December 2022 until May 2023. Please note that your booking will not be accepted if you are currently not working for the NHS in England.

All bookings shall be made via the Maudsley Learning website. Click the button to book or visit https://maudsleylearning.com/courses-funded-by-healtheducation-england/

**BOOK NOW** 

# Skills for health conversation- Masterclass day

This course uses motivational interviewing techniques to explore ways patients can best respond to health change conversations. This two-day course comprises a Masterclass day and a simulation day. Delegates are expected to book both days separately. Once delegates booked this masterclass, they will get a PIN number and instructions via email to book the simulation day.

## Learning objectives

- Understand key principles of motivational interviewing
- Develop and practice basic skills seen in motivational interviewing
- Practice ways of asking questions and speaking with clients to bring about behavioural change
- Recognise where a person is in the circle of change

# **Target Audience**

MH nurses (incl trainees), Healthcare assistants, Social workers, Psychiatrists (inc trainees) Psychologists (incl trainees), Care coordinators (primary or secondary), GPs, Practice nurses

## **Target Sector**

Primary care, Secondary care, Local authority



BOOK NOW

**Dates:** Several dates are available from now until May 2023



# Skills for health conversation - Simulation day

This course teaches motivational interviewing techniques to begin to explore ways patients can best respond to health change conversations. Please note, you need to have completed Skills for health conversation – Masterclass to join the simulation day. If you have not booked the master class yet, click here to book now.

#### Learning objectives

- Practice the skills with simulated patients covering topics such as:
- Managing diabetes/medication compliance, Cardiovascular Disease/weight management, Sexual Health, Smoking cessation conversation and Identifying clients that aren't ready to make changes but deliver effective alternative interventions.

## **Target Audience**

MH nurses (incl trainees), Healthcare assistants, Social workers, Psychiatrists (inch trainees) Psychologists (incl trainees)

## **Target Sector**

Primary care, Secondary care

# Physical health care course for mental health professionals

Interactive training day for all staff involved in providing holistic care & physical health interventions for people with Serious Mental Illness. This course will be a mixture of case-based discussions, reflective practice, and interactive practice using a trained actor as a simulated patient.

# Learning objectives

At the end of this course learners will be able to:

- Identify and understand long-term physical health conditions
- Practice taking full physical health care history
- Understand common side effects of mental health medications
- Signposting and knowledge of resources available

# **Target Audience**

Mental health staff involved in providing holistic care & physical health interventions for people with Serious Mental Illness. MH nurses (incl trainees), Healthcare assistants, Social workers, Psychiatrists (incl trainees), Psychologists (incl trainees), and Mental health support workers.

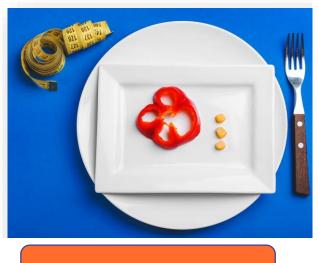
# **Target Sector**

Primary care, Secondary care



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# Eating disorders for children and young people simulation

This one-day interactive simulation training course is designed for professionals who are working with children and young people (CYP) with eating disorders (ED).

Learning objectives

- To enhance knowledge, confidence, and skills to work with children and young people with eating disorders.
- To feel confident in taking a history focusing on the eating disorder symptoms as well as physical symptoms and sequelae secondary to a significant restriction of food intake.
- To learn strategies used to help YP & their families understand the impact of eating disorder.
- To recognise the presence of comorbidities & how they can potentially contribute to increased risk

#### **Target Audience**

Medical doctors, psychiatrists, RMNs, physical health nurses, dieticians, GPs, and family therapists, support workers, care coordinators who are working with children and adolescents with eating disorders in any setting.

#### **Target Sector**

Primary care, Secondary care, Local authority

# Eating disorders for adults simulation course

This course will explore common eating disorder presentations in the general setting. **Learning objectives** 

- Develop confidence in how to interact with and support individuals living with an eating disorder
- Improve knowledge of managing the mental health and physical health complexities of patients presenting with an eating disorder
- Develop an increased understanding of legal frameworks relevant to individuals suffering from an eating disorder

## **Target Audience**

clinical staff working in general adult psychiatry settings, general medical settings, primary care, and social care for adults.

## **Target Sector**

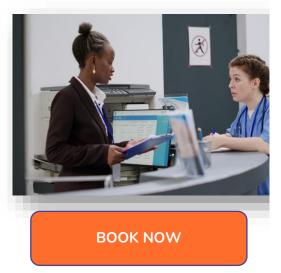
Primary care, Secondary care, Local authority

**Dates:** Several dates are available from now until May 2023



**BOOK NOW** 





**Dates:** Several dates are available from now until May 2023

# Advanced managing challenging situations for non-clinical staff - Masterclass

This two-day course comprises a Masterclass day and a simulation day. Delegates are expected to book both days separately. This 2-day Course is open to non-clinical staff who have regular contact with people with serious mental ill health in community settings. Once attendees booked this masterclass, they will get a PIN number and instructions via email to book the simulation day.

#### Learning objectives

- Develop Knowledge of mental illness and treatments
- Understand the needs and experiences of people with mental health conditions
- Learn some new communication techniques and de-escalation skills
- Understanding the need for health and well-being for all

## **Target Audience**

Administration, Receptionists, Clerical and support staff Bands 1-4 who have regular contact with people with Serious Mental III Health in Community Settings including primary care.

#### Target Sector

Primary care, Secondary care, local authority

# Advanced Managing Challenging situations for non-clinical staff in clinical settings - Simulation

Please note, you need to have completed Advanced managing challenging situations for non-clinical staff – Masterclass to join the simulation day. Once you booked the masterclass you will get a PIN number and instructions via email to book this course.

## Learning objectives

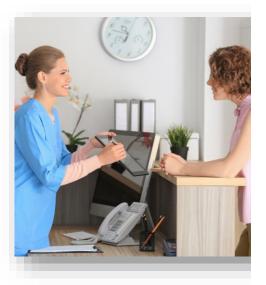
- Embedding the learning by using the skills developed in day one.
- Scenarios will be common dilemmas or situations you might find yourself in your day to day work.
- Feel more confident in your approach to support patients with mental health needs and patients presenting with distress and anger

## **Target Audience**

Administration, Receptionists, Clerical and support staff Bands 1-4 who have regular contact with people with Serious Mental III Health in Community Settings including primary care.

## **Target Sector**

Primary care, Secondary care, Local authority







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# Managing Challenging situations for non-clinical staff in clinical settings – Simulation course

It will explore some of the skills required for communication with individuals that use our services as well as increasing confidence in managing difficult situations. The course will give participants the opportunity to be involved in a series of simulated scenarios using actors and will use an established debrief model to assist participants to learn positively and constructively from this experience.

## Learning objectives

After completing this course those attending will:

- Feel more confident in managing interactions with service users and carers
- Feel more confident when communicating with confused, distressed and agitated service users
- Have an increased understanding of how to manage difficult conversations with other stakeholders.
- Be able to reflect on some of the feelings experienced by servicer users when in contact with our services.
- Be able to identify and reflect on individual interpersonal skills and how they can impact on service user experience.

#### **Target Audience**

MH nurses (incl trainees), Healthcare assistants, Social workers, Psychiatrists (inch trainees) Psychologists (incl trainees)

#### **Target Sector**

Primary care, Secondary care, Local authority



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