

# MENTAL HEALTH PRACTITIONER: EXPECTATIONS OF ROLE

## CORE ROLE

- Assess patients independently, provide a formulation, plan treatment, implement and evaluate individual programmes of care
- Assess undiagnosed/undifferentiated mental health presentations
- Deliver psychoeducation and discuss appropriate options for treatment
- Complete and/or instigate onward referrals
- Facilitate input from wider services
- Undertake risk assessments and formulate risk management plans



## ADDITIONAL SKILLS



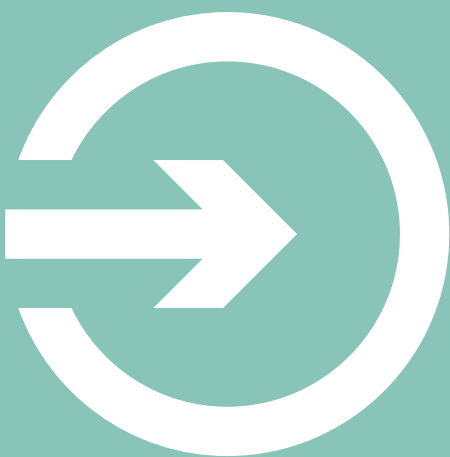
- Deliver brief evidence-based interventions (within scope of competencies)
- Prescribing/de-prescribing/medication reviews (where MHP is a prescriber)
- Provide general health and lifestyle information
- Carry out or refer for physical investigations
- Certification of fit notes
- Supporting Letters

## EXPECTED OUTCOMES

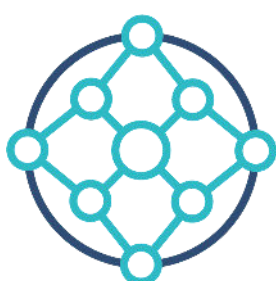
- Increased GP capacity
- Shorter patient waiting times
- Improving the management of mental health conditions in primary care and smoother transition between primary and secondary care
- Access to the right support, in the right place, at the right time
- Provide a “full package” approach (within scope of competencies) and consistency of care to patients within primary care



## ACCESS



- Face to face and telephone appointments
- Booking via care navigation at reception
- Initial telephone triage by MHP
- Provide specialist mental health advice and ongoing education to the individual GP team
- Support maintenance of the GP practice Quality Outcome Framework (QOF) targets including depression and severe mental illness



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