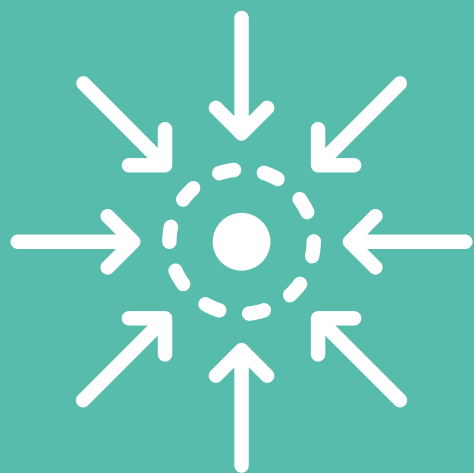


FIRST CONTACT OT: EXPECTATIONS OF ROLE

CORE ROLE

- A diagnostic clinician who is able to assess and manage patients with undifferentiated and undiagnosed conditions
- Frail older adults - at home and also in care homes
- Adults with mental health conditions
- Adults with health and work problems
- Long term condition management

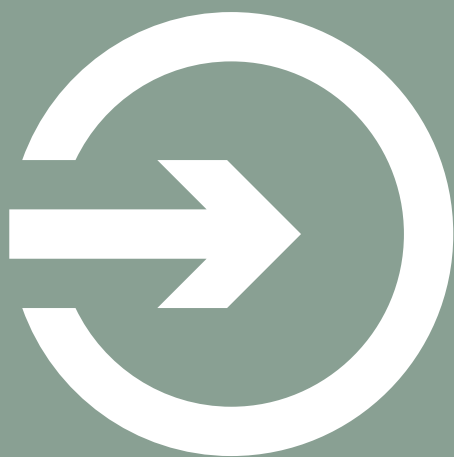


ADDITIONAL SKILLS

- Prevention and upstreaming interventions
- Long term condition prevention and management eg fatigue, anxiety, breathlessness, frailty, dementia, pain, diet and weight management
- Cognitive assessment, support and dementia reviews
- Referral to secondary care / community services
- Personalised care and support plans

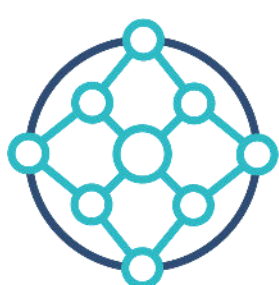
EXPECTED OUTCOMES

- Increase GP capacity
- Focus on proactive interventions to maximise health and wellbeing
- Support people to stay in / return to work
- Deprescribing - reduce need for anxiety and pain medications



ACCESS

- Self booking Triage by reception
- Referral by other members of the Primary Care MDT
- Social prescribing team



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