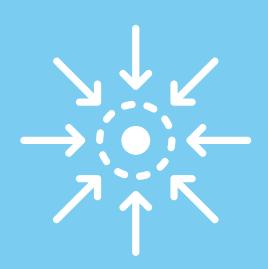
# FIRST CONTACT PHYSIO EXPECTATIONS OF ROLE

### **CORE ROLE**

- Assess undifferentiated undiagnosed MSK conditions
- Advise on patient work related issues
- Face to face and Telephone appointments
- Signpost patients to wider services
- Clear understanding of MSK pathways





### **ADDITIONAL SKILLS**

- Requesting imaging
- Interpreting imaging
- Requesting bloods
- Injection therapy
- Prescribe (NMP or independent prescriber)
- Refer to secondary care
- Certification of Fit notes
- List for surgery

# **EXPECTED OUTCOMES**

- Earlier access to specialised services
- Increase GP capacity
- Introduce MSK specialism to practice and support and upskill wider team
- Reduced referral to secondary care





## **ACCESS**

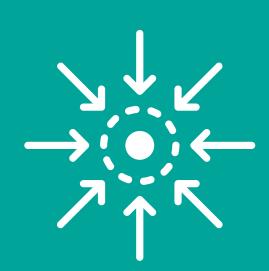
- Self booking
- Triaged at reception
- Inter-practice referral this should be kept to a minimum



# PHYSICIAN ASSOCIATE: EXPECTATIONS OF ROLE

### **CORE ROLE**

- Taking medical histories
- Performing clinical examinations
- Assessing undifferentiated presentations
- Managing acute and chronic conditions
- Signposting to wider services
- Referrals into secondary care
- Requesting and interpreting further investigations
- Triage





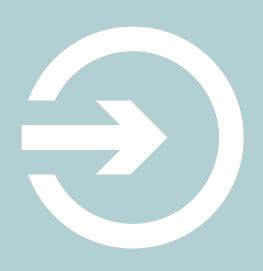
### **ADDITIONAL SKILLS**

- Specialist clinics
- Minor surger
- Chronic disease management
- Home visits
- Care home ward rounds

# **EXPECTED OUTCOMES**

- Increase capacity of appointments
- Provide continuity of care
- Provide holistic approach
- Help meet PCN requirements
- Reduce waiting times
- Provide advice to wider MDT





**ACCESS** 

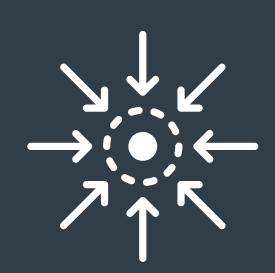
- Self-booking
- Triage through reception



# FIRST CONTACT PARAMEDIC: EXPECTATIONS OF ROLE

### **CORE ROLE**

- Assessing acute undifferentiated complaints typically in 'on the day appointments'
- Face to face and telephone appointments
- Telephone triage
- Facilitate input of wider services such as social prescribing, OT etc





### **ADDITIONAL SKILLS**

- Undertaking home visits or care home rounds.
- Prescribe (NMP or Independent prescriber)
- Requesting bloods
- Patients with combined medical and social needs
- Chronic disease management

# EXPECTED OUTCOMES

- Increased GP capacity
- Shorter patient waiting time
- Increased patient satisfaction
- Improved patient outcomesImproved population health



### **ACCESS**

- Can be booked by reception
- Available to support other clinicians such as PN's



# MENTAL HEALTH PRACTITIONER: EXPECTATIONS OF ROLE

## **CORE ROLE**

- Assess patients independently, provide a formulation, plan treatment, implement and evaluate individual programmes of care
- Assess undiagnosed/undifferentiated mental health presentations
- Deliver psychoeducation and discuss appropriate options for treatment
- Complete and/or instigate onward referrals
- Facilitate input from wider services
- Undertake risk assessments and formulate risk management plans



## **ADDITIONAL SKILLS**



- Deliver brief evidence-based interventions (within scope of competencies)
- Prescribing/de-prescribing/medication reviews (where MHP is a prescriber)
- Provide general health and lifestyle information
- Carry out or refer for physical investigations
- Certification of fit notes
- Supporting Letters

## **EXPECTED OUTCOMES**

- Increased GP capacity
- Shorter patient waiting times
- Improving the management of mental health conditions in primary care and smoother transition between primary and secondary care
- Access to the right support, in the right place, at the right time
- Provide a "full package" approach (within scope of competencies) and consistency of care to patients within primary care



### **ACCESS**



- Face to face and telephone appointments
- Booking via care navigation at reception
- Initial telephone triage by MHP
- Provide specialist mental health advice and ongoing education to the individual GP team
- Support maintenance of the GP practice Quality Outcome Framework (QOF) targets including depression and severe mental illness



# FIRST CONTACT DIETITIAN: EXPECTATIONS OF ROLE

### **CORE ROLE**

- Expert in diet and lifestyle advice
- Specialist consultations for many common conditions such as diabetes, weight concerns (over and under weight), digestion issues and frailty.
- Assess, diagnose, and recommend appropriate treatment or referral
- Provide preventative lifestyle advice (individual or group)





### **ADDITIONAL SKILLS**

- Infant and child feeding difficulties (with appropriate qualifications)
- Non-medical prescribing qualification (supplementary prescriber)
- Request and monitor bloods Referonto secondary care

# EXPECTED OUTCOMES

- Increase GP capacity
- Reduced referral to secondary care
- Upskill primary care team
- Easy access to dietitian
- Contribute to QOF points for diabetes and obesity





## **ACCESS**

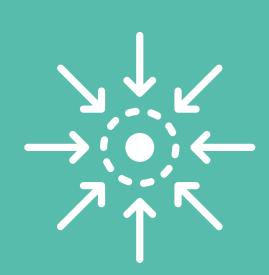
- Self booking Triage by reception
- Referral by other members of the Primary Care MDT
- Face to face, telephone and video appointments



# OCCUPATIONAL THERPAPY (OT): EXPECTATIONS OF ROLE

## **CORE ROLE**

- A diagnostic clinician who is able to assess and manage patients with undifferentiated and undiagnosed conditions
- Frail older adults at home and also in care homes
- Adults with mental health conditions
- Adults with health and work problems
- Long term condition management





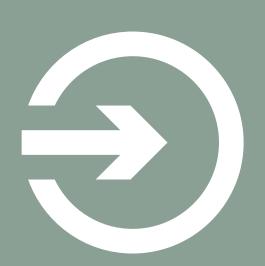
### **ADDITIONAL SKILLS**

- Prevention and upstreaming interventions
- Long term condition prevention and management eg fatigue, anxiety, breathlessness, frailty, dementia, pain, diet and weight management
- Cognitive assessment, support and dementia reviews
- Referral to secondary care / community services
- Personalised care and support plans

# EXPECTED OUTCOMES

- Increase GP capacity
- Focus on proactive interventions to maximise health and wellbeing
- Support people to stay in / return to work
- Deprescribing reduce need for anxiety and pain medications





## ACCESS

- Self booking Triage by reception
- Referral by other members of the Primary Care MDT
- Social prescribing team

