

Please ask for Lorraine Rainford
Tel: (01772) 689153
Website: www.lancashiresexualhealth.nhs.uk
Email: lorraine.rainford@nhs.net

Dear colleague,

Lancashire Sexual Health is organising FSRH Essentials courses on behalf of the FSRH.

The SRH Essentials Course is aimed specifically at healthcare practitioners working in primary care settings. It provides an interactive day with scenario based learning, presentations, time for discussion, questions and role play. It is relevant for those needing an introduction to SRH and also provides a useful update for more experienced staff. These courses are delivered in a variety of locations across the UK. SRH Essentials is not a competency based course and it is not assessed.

At the end of the course, you will be able to:

- Develop the skills and confidence to consult with patients about their sexual and reproductive healthcare needs
- Recommend an appropriate method of emergency contraception
- Review the COC, POP and injection contraceptive methods
- Carry out sexual health risk assessments
- Identify when patients are at risk of STIs

This course is suitable for GPs, Nurses, Physicians Associates, Paramedics, Pharmacists, and Other Healthcare Professionals working in Primary Care.

Please see the hyperlink below to find out more information about the course and what it covers.

<https://www.fsrh.org/education-and-training/srh-essentials/#how-to-book>

The next courses will be taking place on:

- 17th January 24 – The Tickled Trout Hotel, Preston
- 8th February 24 – The Holiday Inn, Lancaster.
- 22nd February 24 – The Manor Hotel Nr Wigan
- 6th March 24 – The Holiday Inn, Burnley.

The course is free to staff working within Blackpool and Lancashire (excluding Blackburn with Darwen). To book a place please email bfwh.sexualhealth.training@nhs.net with your name, email address and the practice you're based at.

Look forward to hearing from you,

Many thanks

Lorraine Rainford
Training Co-Ordinator
Sexual Health Services

RESEARCH MATTERS AND SAVES LIVES - TODAY'S RESEARCH IS TOMORROW'S CARE

Blackpool Teaching Hospitals is a Centre of Clinical and Research Excellence providing quality up to date care. We are actively involved in undertaking research to improve treatment of our patients. A member of the healthcare team may discuss current clinical trials with you.



Chairman: Mr Ian Johnson M.A., LL.M.
Chief Executive: Wendy Swift