

Your Practice Details

Information about reducing your opioid treatment

As we have discussed with you, we plan to start reducing your opioid treatment. Your dose will be reduced gradually over a number of weeks.

Your name	
Your GPs name	
The change being made to your treatment	Gradually reducing your opioid treatment
When do I need a review?	A telephone review will be needed every 4 weeks

	Your 14 day prescription	Your to regular daily dose (mg)	How you take your medication		
Your current dose	x mg M/R Tabs		Morning	Evening	As Required x 6 Doses
			x mg M/R Tabs	x mg M/R Tabs	

Your Practice Details

	Your 14 day prescription	Your to regular daily dose (mg)	How to take your medication		
Week 1-2			Morning	Evening	As Required x 6 Doses
Week 3-4			Morning	Evening	As Required x 6 Doses
Week 5-6			Morning	Evening	As Required x 6 Doses
Week 7-8			Morning	Evening	As Required x 6 Doses

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	Your 14 day prescription	Your to regular daily dose (mg)	How to take your medication		
Week 9-10			Morning	Evening	As Required x 6 Doses
Week 11-12			Morning	Evening	As Required x 6 Doses
Week 13-14			Morning	Evening	As Required x 6 Doses
Week 15-16			Morning	Evening	As Required x 6 Doses

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	Your 14 day prescription	Your to regular daily dose (mg)	How to take your medication		
Week 17-18			Morning	Evening	As Required x 6 Doses
Week 19-20			Morning	Evening	As Required x 6 Doses
Week 21-22			Morning	Evening	As Required x 6 Doses
Week 23-24			Morning	Evening	As Required x 6 Doses

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	Your 14 day prescription	Your to regular daily dose (mg)	How to take your medication		
Week 25-26			Morning	Evening	As Required x 6 Doses
Week 27-28			Morning	Evening	As Required x 6 Doses
Week 29-30			Morning	Evening	As Required x 6 Doses
Week 31-32			Morning	Evening	As Required x 6 Doses

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	Your 14 day prescription	Your to regular daily dose (mg)	How to take your medication		
Week 33-34			Morning	Evening	As Required x 6 Doses
Week 35-36			Morning	Evening	As Required x 6 Doses
Week 37-38			Morning	Evening	As Required x 6 Doses
Week 39-40			Morning	Evening	As Required x 6 Doses

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	Your 14 day prescription	Your to regular daily dose (mg)	How to take your medication		
Week 41-42			Morning	Evening	As Required x 6 Doses
Week 43-44			Morning	Evening	As Required x 6 Doses
Week 45-46			Morning	Evening	As Required x 6 Doses
Week 47-48			Morning	Evening	As Required x 6 Doses

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	Your 14 day prescription	Your to regular daily dose (mg)	How to take your medication		
Week 49-50			Morning	Evening	As Required x 6 Doses
Week 51-52			Morning	Evening	As Required x 6 Doses
Week 53-54			Morning	Evening	As Required x 6 Doses
Week 55-56			Morning	Evening	As Required x 6 Doses

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	Your 14 day prescription	Your to regular daily dose (mg)	How to take your medication		
Week 67-58			Morning	Evening	As Required x 6 Doses
Week 59-60			Morning	Evening	As Required x 6 Doses
Week 61-62			Morning	Evening	As Required x 6 Doses
Week 63-64			Morning	Evening	As Required x 6 Doses

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	Your 14 day prescription	Your to regular daily dose (mg)	How to take your medication		
Week 65-66			Morning	Evening	As Required x 6 Doses
Week 67-68			Morning	Evening	As Required x 6 Doses
Week 69-70			Morning	Evening	As Required x 6 Doses
Week 71-72			Morning	Evening	As Required x 6 Doses

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Week 73-74			Morning	Evening	As Required x 6 Doses
Week 75-76			Morning	Evening	As Required x 6 Doses
Week 77-78			Morning	Evening	As Required x 6 Doses
Week 79-80			Morning	Evening	As Required x 6 Doses

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Week 81-82			Morning	Evening	As Required x 6 Doses
Week 83-84			Morning	Evening	As Required x 6 Doses
Week 85-86			Morning	Evening	As Required x 6 Doses
Week 87-88			Morning	Evening	As Required x 6 Doses

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Week 89-90			Morning	Evening	As Required x 6 Doses
Week 91-92			Morning	Evening	As Required x 6 Doses
Week 93-94			Morning	Evening	As Required x 6 Doses
Week 95-96			Morning	Evening	As Required x 6 Doses

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	Your 14 day prescription	Your to regular daily dose (mg)	How to take your medication		
Week 97-98			Morning	Evening	As Required x 6 Doses
Week 99-100			Morning	Evening	As Required x 6 Doses
Week 101-102			Morning	Evening	As Required x 6 Doses
Week 103-104			Morning	Evening	As Required x 6 Doses